

CHANGING THE GAME: SYSTEMIC REFORM FOR ENTREPRENEURIAL WELL-BEING

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ABSTRACT

The entrepreneurial path brings undeniable innovation and economic benefits. Yet it also creates substantial personal challenges that individual resilience alone cannot address. This chapter examines how broader systems affect entrepreneurial mental health, calling for wide-ranging policy changes, educational reforms, and community support programs. We draw from recent work in entrepreneurship, psychology, and public policy to examine four areas of systematic reform. These include advocacy and policy changes that remove structural obstacles to entrepreneurial wellness, educational programs that build psychological strength and awareness in future business founders, community mental health services designed for business settings, and the changing responsibilities of investors in supporting sustainable business practices. The chapter shows that meaningful change requires cooperation among policymakers, schools, mental health experts, and investors. It also adds to the expanding research on entrepreneurial wellness by presenting research-backed approaches for building environments that support both business achievement and human development.

Keywords: entrepreneurial wellness, systematic reform, policy advocacy, business education, mental health awareness,

INTRODUCTION

Entrepreneurship stories traditionally focus on individual qualities like risk-taking and determination. Recent research shows that entrepreneurial wellness depends heavily on broader factors including policy structures, educational background, community networks, and investment approaches (Wiklund et al., 2019).

Mental health challenges among entrepreneurs often reflect wider systematic problems rather than personal shortcomings. This recognition has led researchers

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This chapter is a part of the book, *'The Human Side of Entrepreneurship: Mental Health, Family Systems, and Cultural Identity'* edited by Satish Sharma.

ISBN: 978-93-49926-21-9 (ebk); ISBN: 978-93-49926-09-7 (hbk); ISBN: 978-93-49926-53-0 (pbk)

The ebook and print version of this book are available at:
<https://dx.doi.org/10.46679/9789349926219>

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